

### Want to learn more about substance use?

The **BC Centre on Substance Use** is a provincially-networked organization that seeks to improve the integration of best practices across the continuum of substance use care in BC through its three core functions: research and evaluation, education and training, and clinical care guidance. Reach us at **BCCSU\_education@bccsu.ubc.ca** 

The BCCSU creates evidence-based guidelines, practice support tools, and a suite of education and training resources for health care providers and other individuals who provide care and support to people who use substances.

Title	Description	QR code
BCCSU Addiction Practice Pod Podcast series	Practical tips and guidance to health care providers who are seeking to improve their skills in addiction care.  • 35-45 minutes. For all clinicians aiming to improve their care for those with substance use challenges.	
The BC ECHO on Substance Use Community of Practice	Live webinars (presentation by addiction medicine experts, followed by a case presentation and discussion), newsletters, and networking.  CME credits available.  60 minutes. For primary care providers, allied health care providers, and other direct care workers.	
Addiction Care and Treatment Online Certificate (ACTOC) Online course + certificate	<ul> <li>21 modules covering various substance use disorders, including alcohol, tobacco, stimulants, cannabis, and opioids. Topics include screening, treatment selection, and care planning.</li> <li>CME accredited.</li> <li>16-20 hours total (asynchronous). For all health care professionals involved in the care of individuals with substance use disorders. Anyone can register.</li> </ul>	
Provincial Opioid Agonist Treatment Support Program (POATSP) Online course + preceptorship + certificate	<ul> <li>In-depth education on prescribing a variety of oral and injectable medications for opioid use disorder. Required for those interested in prescribing opioid agonist treatment. MainPro+/CNA accredited.</li> <li>8 hours (MD/NP); 12-14 hours (CP-OUD RN/RPN). For prescribers but anyone can register.</li> </ul>	
Addiction Medicine Clinical & Research Fellowship Fellowship	Specialty training in inpatient and outpatient management of substance use disorders and related harms. The program prepares fellows to work as experts in the field of addiction medicine and substance use care and take on leadership roles in clinical, academic, and/or research settings.  • 12 four-week rotations. For physicians, nurses, nurse practitioners, pharmacists, social workers, and clinician-scientists.	



### Resources for Clinicians

Title	Description	QR code
24/7 Addiction Medicine Clinician Support Line	Real-time phone consultation service (778-945-7619) connects health care providers to an addiction medicine specialist.  • 24/7 service. Available to Physicians, nurse practitioners, nurses, pharmacists, and midwives in BC, as well as substance use support staff calling from Indigenous communities in BC.	
Rapid Access to Consultative Expertise (RACE)app+  1 Not operated by BCCSU	The RACEapp+ allows primary care providers and specialists to rapidly connect with and receive treatment advice from a specialist.  • Monday to Friday (excluding statutory holidays), 8.00am—5.00pm. Available to Physicians, nurse practitioners, medical residents, and midwives.	

#### **Evidence-based clinical guidance**

The BCCSU's clinical guidance materials are comprehensive reference documents that provide care professionals with practical recommendations and best practices for the management of substance use disorders.



www.bccsu.ca/ opioid-use-disorder



www.bccsu.ca/ alcohol-use-disorder



www.bccsu.ca/ stimulant-use-disorder



## BC resources for people who use substances

Name	Description	QR code
2-1-1 Phone line	<ul> <li>2-1-1 is a free provincial health information and referral phone line. Callers can speak to a community resource navigator who can provide information and referrals to community and government programs, such as the Alcohol and Drug Information and Referral line.</li> <li>24/7 service for all BC residents</li> </ul>	
Alcohol & Drug Information Referral Service (ADIRS) Phone line	The ADIRS phone line (1-800-663-1441 or 604-660-9382) provide confidential information and referrals for support and/or treatment to individuals with substance use issues.  • 24/7 service for all BC residents	
Drug Checking Services In-person service Harm reduction supplies	Several health authorities offer drug checking services. They provide free and anonymous services to inform individuals about whether their drugs are contaminated.  • Hours of operation vary. In-person service for anyone who can travel to locations in Vancouver Coastal Health Authority, Fraser Health Authority, or Interior Health Authority	
Opioid Treatment Access Line Phone line	The Opioid Treatment Access Line makes it faster and easier to access life-saving medication that prevents withdrawal symptoms and reduces the risk of overdose. Callers are connected to supports that same day. Calls are free and confidential.  • Every day from 9 am to 4 pm. Service for all BC residents	
Toward the Heart Online resource Harm reduction supplies	Toward the Heart provides an extensive list of resources on overdose prevention and harm reduction, reports, best practice guidelines, toolkits, pamphlets, etc.  • Online resource for all BC residents	
Toward the Heart Online resource	Toward the Heart posts up-to-date Toxic Drug and Public Health Alerts and information about overdose prevention, drug checking, and substance use services in BC.  • Online resource for all BC residents	



# Learn more about substance use and addiction in BC and Canada





This webpage offers a brief history of drug prohibition and drug policy in Canada and shows how that history shapes society's views and the current landscape.



### In Plain Sight Report



In Plain Sight Report outlines the pervasiveness of anti-Indigenous racism within the health care system in BC.

Recommendations for addressing racism within health care are provided.





The Systems Approach Workbook: Socioeconomic determinants of health was published by the Canadian Centre on Substance Use and Addiction. The workbook provides an introduction to socioeconomic determinants of health that are relevant to substance use and mental illness.



#### Red Women Rising



Red Women Rising emphasizes how the violence against Indigenous women and girls —including physical violence, poverty, lack of affordable housing, the child welfare system, etc.—perpetuates mental illness, substance use, and poverty.

Recommendations for eliminating such violence are provided.





Crackdown Podcast is run by people who use —or used to use—drugs. It covers various subjects about substance use, including drug policy. The podcast highlights the experiences and expertise of people who use drugs.