

Recommended BCCSU online modules for foundational knowledge of substance use and addiction

The following modules are a great starting point for instructors and preceptors who wish to better understand this important health issue.

Overview of Courses:

The Addiction Care and Treatment Online Certificate (ACTOC) is a free online certificate course targeted toward health care professionals interested in learning more about providing care to patients with various substance use disorders, including alcohol, tobacco, stimulants, cannabis, and opioids. ACTOC: https://elearning.ubccpd.ca/course/view.php?id=164

The **Provincial Opioid Addiction Treatment Support Program (POATSP)** is a comprehensive training program for health care providers seeking to diagnose and treat opioid use disorder using evidence-based treatments along a continuum of care. This includes education for prescribing opioid agonist treatments, such as buprenorphine/naloxone, methadone, slow-release oral morphine, and injectable opioid agonist treatments (i.e., hydromorphone and diacetylmorphine). POATSP: https://elearning.ubccpd.ca/course/view.php?id=63

Module Recommendations:

- 1. Overview of Substance Use and Addiction (ACTOC, Module 1): An introduction to substance use and substance use disorders, including the models describing the basis of addiction and the context of substance use.
- 2. Overview of Opioid Use Disorder (POATSP, Module 1): A focused look at opioid use disorder and available treatment options.
- 3. <u>Trauma-informed Care</u> (POATSP, Module 2): An overview of the effects of trauma and applying the principles of trauma-informed care.
- 4. <u>Screening and Care Planning</u> (ACTOC, Module 2): Aims to enhance knowledge around screening for substance use and taking an addiction history.
- 5. Overview of Harm Reduction (ACTOC, Module 14): An overview of harm reduction and the initiatives available in BC.
- 6. <u>Psychosocial Treatment Interventions and Recovery-Oriented Supports</u> (ACTOC, Module 16): The psychosocial treatment approaches to managing substance use disorder, including general approaches that can be applied to primary care.







