



LIVING LIBRARY Discussion Guide

These questions aim to facilitate conversations about the Living Library videos.

* Starred questions ask viewers to reflect and respond to the videos directly.

Other questions encourage viewers to apply what they learned from the videos to bigger-picture topics in healthcare.



Reaction to Videos

- * What parts of the video had the greatest impact on you?
- * What reaction to the video surprised you or made you question why you were feeling a certain way?
- * What did you learn about this individual's condition that was new to you?
- * What questions do you have about this condition or healthcare experience?

Patient/Client Communication

- What have you learned that helps improve communication?
- What is an important change in your practice to promote better communication?
- When communicating, what kind of person are you trying to be or sound like? How does your language reflect this?
- What are potential barriers to effective communication? How can you overcome these barriers?

Giving Care

- * What is a skill for caregiving that you learned?
 - * Compare what you have learned about _____ from the video with what you learned in the classroom.
- What particular circumstances of a patient/client's life should be considered when giving care? Why are these factors important?

Self-Reflection

- What mindset or bias do you see in yourself that may affect communication?
- What influences may your culture or upbringing have on struggles with _____?
- Can you think of a time when you have reinforced the stigma associated with _____?
- How do you personally, or your institution reinforce the normalization of _____?

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